

THE REQUEST NOTE



1 observe without evalutaion

\_\_\_\_\_  
\_\_\_\_\_

2 feeling without blaming

\_\_\_\_\_  
\_\_\_\_\_

3 identify needs

mine \_\_\_\_\_  
\_\_\_\_\_

yours \_\_\_\_\_  
\_\_\_\_\_

4 request without demand

\_\_\_\_\_  
\_\_\_\_\_

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